

KNOW THE FAACTS



Anaphylaxis is a serious allergic reaction that comes on quickly and has the potential to become life-threatening.

Food allergies affect approximately 32 million Americans, including 6 million children and up to 1 in 10 adults.

The prevalence of food allergies appears to be increasing among children under the age of 18.

Trace amounts of any allergen can trigger a severe reaction.

Food allergies affect 1 in 13 children under the age of 18. That is 2 students in every classroom.



9-1-1 must ALWAYS be called with every anaphylactic reaction.

There is no cure for food allergies. Strict avoidance is the only way to prevent an allergic reaction.

Managing a food allergy is life-altering and involves constant vigilance.



Always carry two epinephrine auto-injectors at all times.



A food allergy is an immune system response to a food the body mistakenly believes is harmful.

Nine foods account for 90% of all food allergy reactions
**PEANUTS
TREE NUTS
MILK, EGGS
WHEAT, SOY
FISH, SHELLFISH
SESAME**

FAACT's mission is to educate, advocate, and raise awareness for all individuals and families affected by food allergies and life-threatening anaphylaxis.



FAACT
Food Allergy & Anaphylaxis
Connection Team

AWARENESS • ADVOCACY • EDUCATION

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